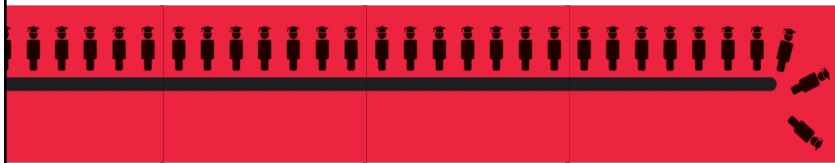


Is there an ideological monoculture at British universities, and does it matter?



Jonathan Haidt, NYU-Stern  
Policy Exchange  
Nov. 22, 2018

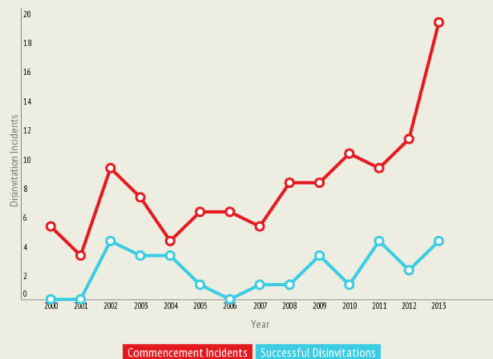
Greg Lukianoff



--Serious depression in 2007  
--Learned CBT in 2008  
--In 2013-2014, began to see students espousing the exact cognitive distortions that he had learned to STOP doing  
--Invited me to lunch in May 2014  
--We submitted to *The Atlantic* in January 2015



Commencement Disinivation Incidents, 2000-2013



Big rise starting 2013



THE NEW REPUBLIC



March 2014

Trigger Happy


The "trigger warning" has spread from blogs to college classes. Can it be stopped?

By JENNY JARVIE | March 3, 2014

**Sunday Review** CONTRIBUTING OP-ED WRITER

### In College and Hiding From Scary Ideas

MARCH 21, 2015



KATHERINE BYRON, a senior at [Brown University](#) and a member of its Sexual Assault Task Force, considers it her duty to make Brown a safe space for rape victims, free from anything that might prompt memories of trauma.

So when she heard last fall that a student group had organized a debate about campus sexual assault between Jessica Valenti, the founder of [feministing.com](#), and Wendy McElroy, a libertarian, and that Ms. McElroy was likely to criticize the term "rape culture," Ms. Byron was alarmed. "Bringing in a speaker like that could serve to invalidate people's experiences," she told me. It could be "damaging."

*Eleanor Taylor*

Safe Spaces,  
March 2015

A debate between two feminists could "invalidate people's experiences..." it could be "damaging"



**Vox**

TWEET SHARE (COPY)

### I'm a liberal professor, and my liberal students terrify me

June 2015

*by Edward Schlosser on June 3, 2015*



**The Atlantic**  
SUBSCRIBE SEARCH MENU

August 2015

**EDUCATION**

### The Coddling of the American Mind

In the name of emotional well-being, college students are increasingly demanding protection from words and ideas they don't like. Here's why that's disastrous for education—and mental health.

N.Y. / REGION

Nov. 5 2015

### Yale's Halloween Advice Stokes a Racially Charged Debate

By LIAM STACK NOV. 8, 2015




0:33 / 1:20

Yale University Students Protest Halloween Costume Email (VIDEO 3)

Nov 12, 2015

## Students submit new demands to Salovey

DAVID SHIMER & VICTOR WANG | NOV 13, 2015  
STAFF REPORTERS




Kaifeng Wu

At close to midnight on Thursday night, roughly 200 students marched to University President Peter Salovey's home on Hillhouse Avenue under a new name — Next Yale — wielding a new set of demands.



2016



## THE DEMANDS

CAMPUS DEMANDS NATIONAL DEMANDS PLANNING TEAM

**Across the nation, students have risen up to demand an end to systemic and structural racism on campus. Here are their demands.**

*Note: These demands were compiled by WeTheProtesters from protesters across the country. These are living demands and will grow and change as the work grows and changes. If you have demands that are not listed, please send them to [sam@thisisthemovement.org](mailto:sam@thisisthemovement.org) or [@samswey](https://twitter.com/samswey).*

80 schools, including: Amherst, Berkeley, Brandeis, Brown, Harvard, Duke, UCLA, Wesleyan, Yale


The Atlantic Popular Latest Sections

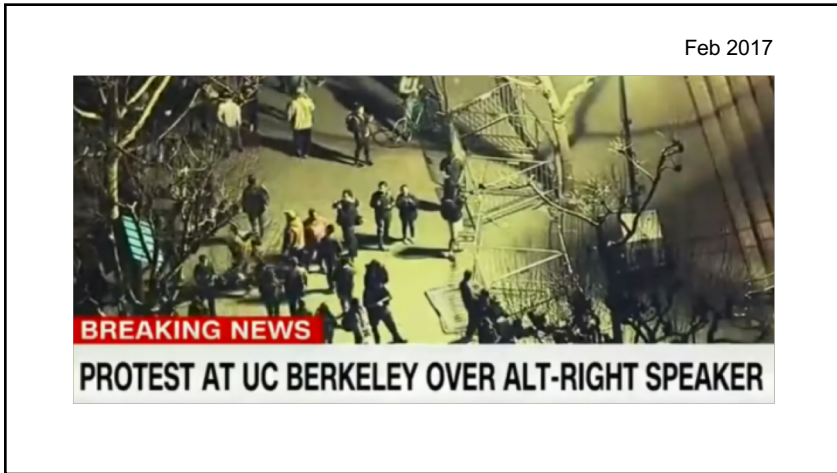
**POLITICS**

## A Food Fight at Oberlin College

Students complain that bánh mis made from ciabatta and sushi from undercooked rice are evidence of culinary cultural appropriation.

CONOR FRIEDSDORF DEC 21, 2015





**'Bell Curve' author attacked by protesters at Middlebury College**

March 2017

Top 10 Trending Articles

- In Brookline, a house and two sisters al...
- Boston Medical Center gets its largest g...
- Trump's travel order to apply to those s...
- Inside Trump's fury: The president rage s...
- Attack on conservative speaker stuns M...
- White House aides defend wiretap claim...
- How the baby boomers destroyed every...
- Peter Abraham: Projecting the Red Sox...
- Publicly subsidized garage projects com...
- Fact check: Trump's 'evidence' for Obam...



### Columbia students storm classroom to harass Title IX admin


**Toni Airaksinen**  
New York Campus Correspondent  
@Toni\_Airaksinen  
on Oct 08, 2017 at 1:42 PM



Oct, 2017

**KGW8 NEWS**

March 2018



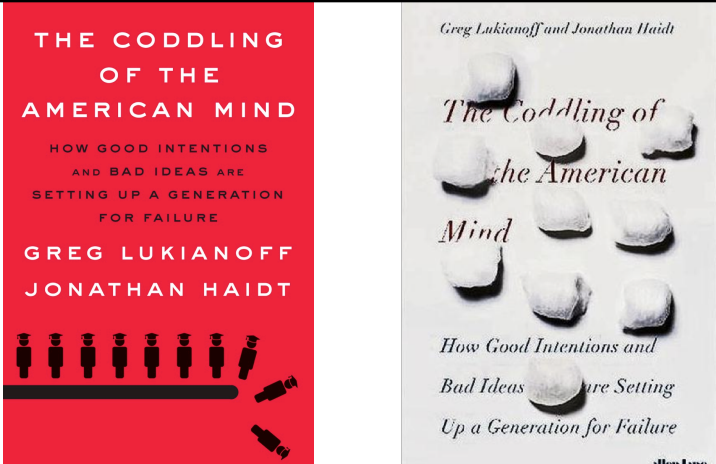
**Protesters disrupt speech by author at Lewis & Clark Law School**

Christina Hoff Sommers says about a dozen students refused to let her get through a speech on closing the feminist mind.

### Puzzle: The sudden emergence of a new moral culture of “safetyism”

- Safe spaces
- Trigger warnings
- Microaggressions
- Bias response teams
- “Matrices of oppression”
- Call-out culture, often for single words

Students **THINK** they are fragile, in a dangerous/hostile country and university: need protection from words, books, & speakers



**THE CODDLING OF THE AMERICAN MIND**

HOW GOOD INTENTIONS AND BAD IDEAS ARE SETTING UP A GENERATION FOR FAILURE

GREG LUKIANOFF  
JONATHAN HAIDT

*Greg Lukianoff and Jonathan Haidt*

*The Coddling of the American Mind*

*How Good Intentions and Bad Ideas are Setting Up a Generation for Failure*

allen lane

### The Six Causal Threads

- 1) Political polarization, with purification of the faculty
- 2) Rising anxiety and depression for iGen, immersed in social media
- 3) Paranoid parenting
- 4) Decline of free play
- 5) Growth of bureaucracy and moral dependence
- 6) Rising passion for social justice with shift to “equal outcomes” SJ, not proportional-procedural SJ

### The Three Great Untruths

Great Untruth	Psych Principle Violated
<i>What doesn't kill you makes you weaker</i>	<i>Children are antifragile</i>
<i>Always trust your feelings</i>	<i>We are all prone to emotional reasoning and the confirmation bias</i>
<i>Life is a battle between good people and evil people</i>	<i>We are all prone to tribalism and dichotomous thinking</i>

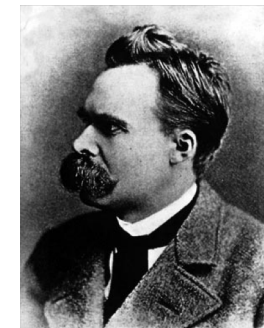
### Bad Idea #1

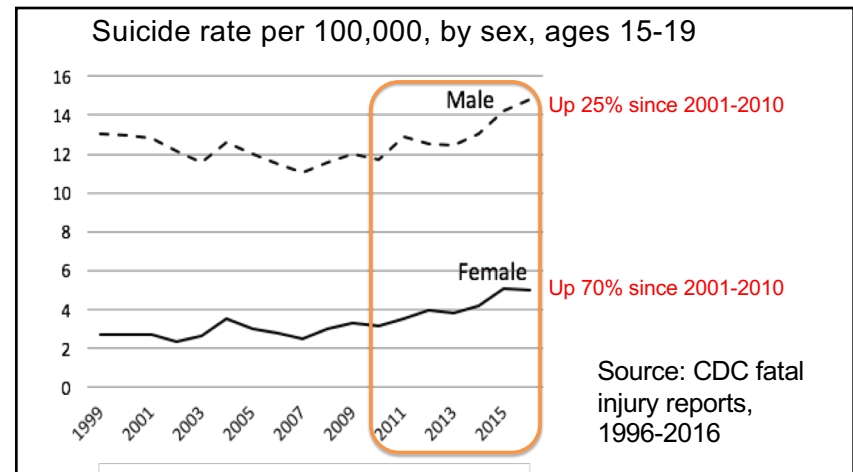
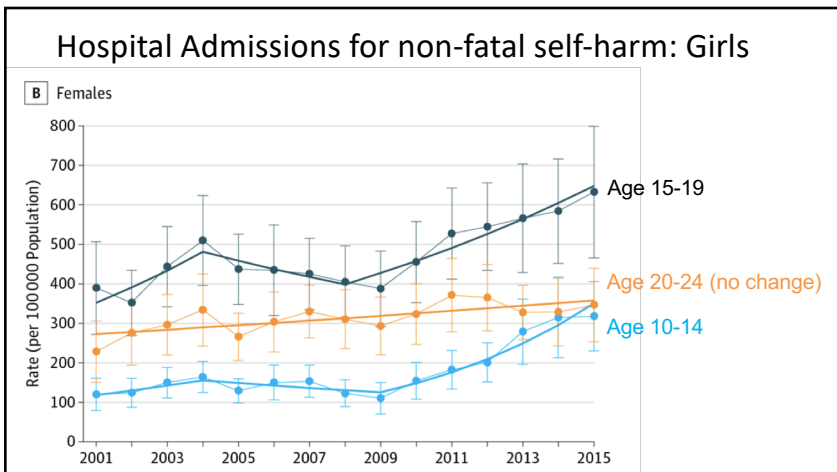
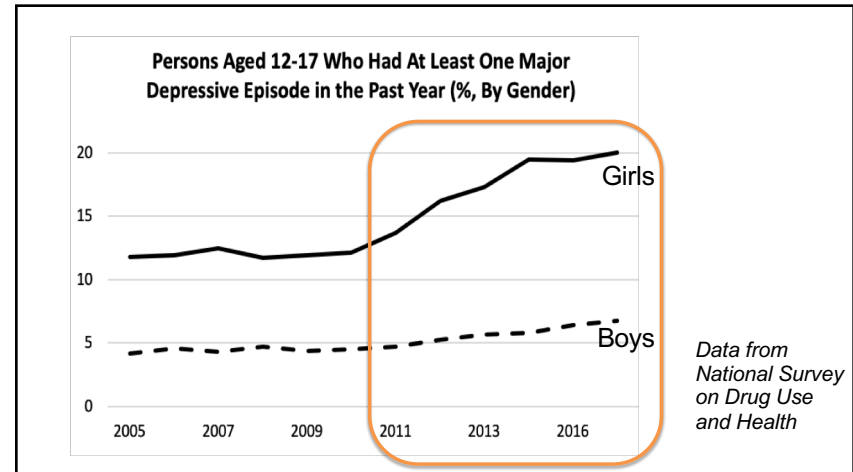
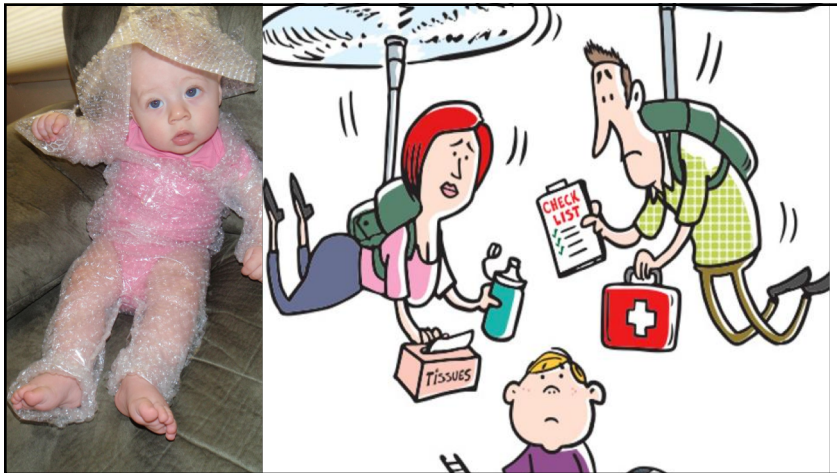


*What doesn't kill you makes you weaker*

### Psych Principle #1: People are Anti-Fragile

*What doesn't kill me makes me stronger.*  
 (Friedrich Nietzsche, 1888)





CNN Health | Food | Fitness | Wellness | Parenting | Live Longer | Live TV | U.S. Edition

## Suicide rate hit 40-year peak among older teen girls in 2015

By Susan Scutti, CNN  
Updated 5:19 PM ET, Thu August 3, 2017



Characterized by persistent sadness, depression stops people from carrying out daily activities

More from CNN

- The Blockbuster MLB We Want to See This Offseason
- Albright, Powell express disgust over incendiary rhetoric, Trump...

Paid Content by @outt

# What about the UK?

Women

## UK survey finds sharp decline in happiness of young women and girls

Sept 2018

Exams and social media blamed for finding that only 25% of respondents describe themselves as very happy



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## NEWS

Home | UK | World | Business | Politics | Tech | Science | Health | Family & Education

Health

### UK suicide rate shows largest drop for 20 years

18 December

NEWS

Home | UK | World | Business | Politics | Tech | Science | Health | Family & Education | Entertainment & Arts | More

Health

### Suicide rate among UK men at lowest since 1981

4 September 2018

Share



UK edition ▾ Sept. 4, 2018

# The Guardian

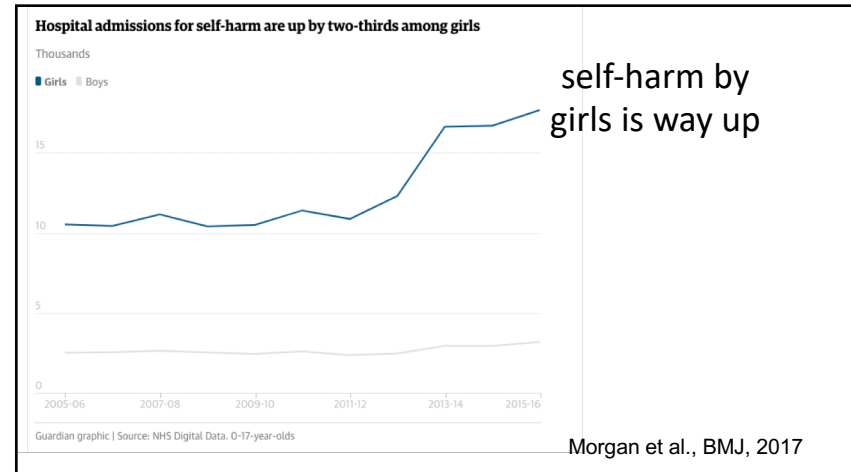
## Suicide rate rises among young people in England and Wales

**Rate among girls aged 15-19 hits record high; rate among men of all ages in UK is falling**

Fifty-six girls and women in the age group killed themselves last year, the highest number since records began in 1981. The suicide rate among that group, 3.5 per 100,000 people, was also the highest on record, and well up on the rate of 2.1 per 100,000 in 2010.

The suicide rate among boys and men that age climbed to 7.1 per 100,000. There were 121 young male suicides last year, compared to 74 in 2010.

But for teenagers, it's up...



And now for something completely different...

BEHAVIORAL AND BRAIN SCIENCES (2015), Page 1 of 58  
doi:10.1017/S0140525X14000430, e130

## Political diversity will improve social psychological science<sup>1</sup>

<p><b>José L. Duarte</b> Department of Psychology, Arizona State University, Tempe, AZ 85281 jlduarte@asu.edu <a href="http://joseduarte.com">http://joseduarte.com</a></p>	<p><b>Jonathan Haidt</b> Stern School of Business, New York University, New York, NY 10012 haidt@nyu.edu <a href="http://www.stern.nyu.edu/faculty/bio/jonathan-haidt">http://www.stern.nyu.edu/faculty/bio/jonathan-haidt</a></p>
<p><b>Jarret T. Crawford</b> Psychology Department, The College of New Jersey, Ewing, NJ 08628 crawford@tcnj.edu <a href="http://crawford.pages.tcnj.edu/">http://crawford.pages.tcnj.edu/</a></p>	<p><b>Lee Jussim</b> Department of Psychology, Rutgers University, New Brunswick, NJ 08901 jussim@rci.rutgers.edu <a href="http://www.rci.rutgers.edu/~jussim/">www.rci.rutgers.edu/~jussim/</a></p>
<p><b>Charlotta Stern</b> Department of Sociology, Institute for Social Research, Stockholm University, SE-10691 Stockholm, Sweden lotta.stern@sofi.su.se <a href="http://www2.sofi.su.se/~lst/">http://www2.sofi.su.se/~lst/</a></p>	<p><b>Philip E. Tetlock</b> Psychology Department, Wharton School, University of Pennsylvania, Philadelphia, PA 19104 tetlock@wharton.upenn.edu <a href="http://www.sas.upenn.edu/tetlock/">http://www.sas.upenn.edu/tetlock/</a></p>

### Duarte et al. (2015) 4 claims:

- 1) Psych once had political diversity; now gone
- 2) Lack of diversity undermines scientific validity
- 3) Increased diversity would improve the science
- 4) Under-rep of non-libs is from combo of self-selection, hostile climate, and discrimination

### Motivated Scholarship

If we WANT to believe X, we ask: "Can-I-Believe-It?"

If we DON'T want to, we ask: "Must-I-Believe-It?"

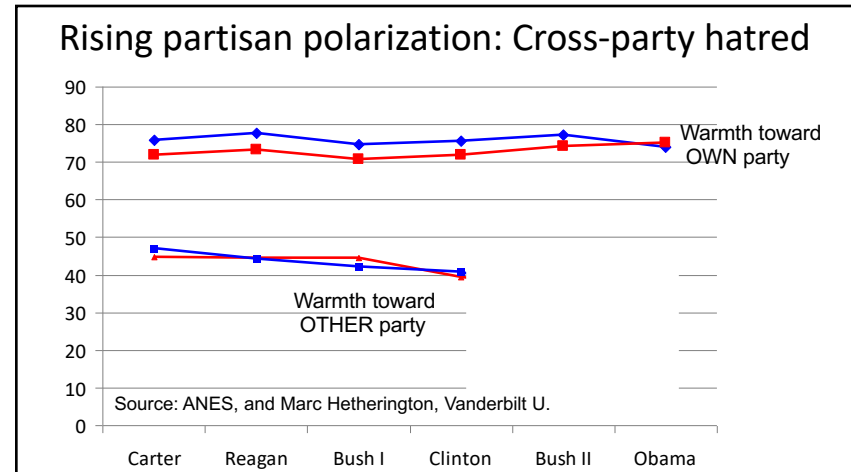
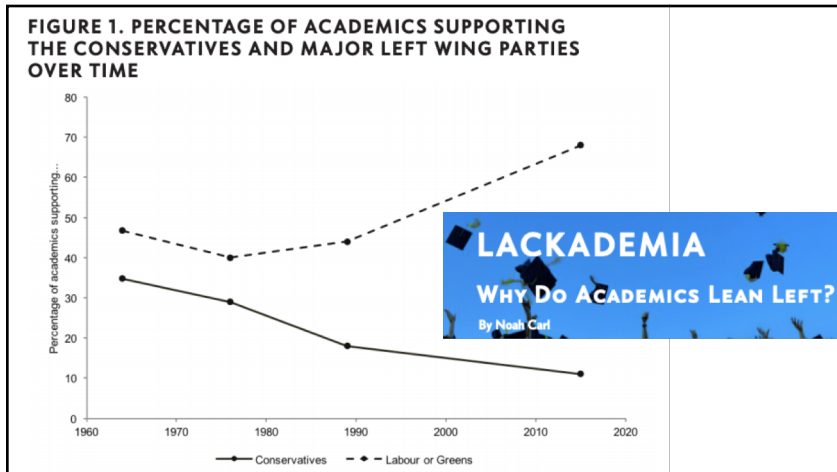
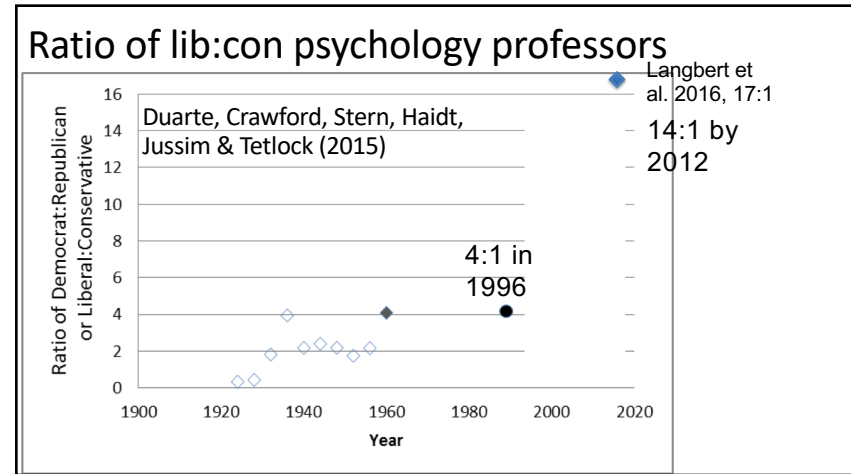
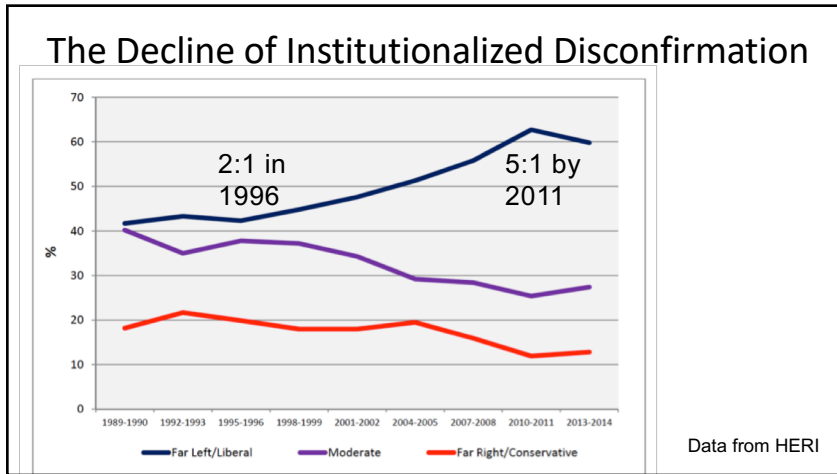
- Scholarship undertaken to support a political agenda almost always "succeeds."
- Scholar rarely believes she was biased
- Motivated scholarship often propagates pleasing falsehoods that cannot be recalled
- Damage is contained if we can count on "institutionalized disconfirmation"

### Confirmation bias

- Peer review process breaks down without viewpoint diversity
- Bar is lowered for politically desirable manuscripts and IRB proposals; raised for undesirable projects and findings: Abramowitz, Gomes, & Abramowitz (1975); Ceci, Peters, & Plotkin (1985)

### Minority Influence

- Homogeneous majorities at risk of groupthink
- Dissenting minority causes deeper thinking and sometimes wins the argument
- Viewpoint diversity improves work groups; race and gender diversity less clear.






“He who knows only his own side of the case knows little of that. His reasons may be good, and no one may have been able to refute them. But if he is equally unable to refute the reasons on the opposite side, if he does not so much as know what they are, he has no ground for preferring either opinion...”

--J.S. Mill, 1859


**On Liberty**



**John Stuart Mill**

## Heterodox Academy


We are a politically diverse group of more than 2,300 professors and graduate students who have come together to improve the quality of research and education in universities by increasing viewpoint diversity, mutual understanding, and constructive disagreement.



### How Does HxA Help?

We offer a range of resources designed to cultivate reasoned conversations, deeper empathy, the ability to see beyond one's own perspective, and a capacity for meaningful engagement with diverse others. We partner with professors, administrators, and students to depolarize college campuses and classrooms.


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### How Does HxA Help?

We offer a range of resources designed to cultivate reasoned conversations, deeper perspective, and a capacity for meaningful engagement with diverse others. We partner with students to depolarize college campuses and classrooms.


**Key Tools:**



An interactive, psychology-based platform designed to depolarize campuses and foster mutual understanding across differences.



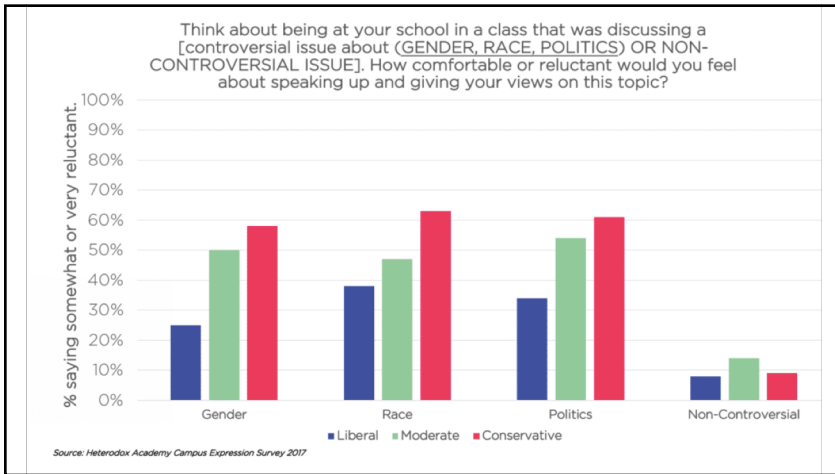
A self-report tool you can use to assess whether students are feeling intimidated to speak up about which topics and why.



If you are a professor or graduate student, join us.

BECOME AN ACADEMIC MEMBER

BECOME A GRADUATE AFFILIATE MEMBER



**The Sophian**  
The Independent Newspaper of Smith College

News | Opinions | Arts | Features | Sports | Find Out More | Photo of the Week

SEPTEMBER 22, 2016  
BY THE SOPHIAN

**Walking on Eggshells- How Political Correctness is Changing the Campus Dynamic**

*During my first days at Smith, I witnessed countless conversations that consisted of one person telling the other that their opinion was wrong. The word “offensive” was almost always included... members of my freshman class quickly assimilated to this new way of non-thinking. They could soon detect a politically incorrect view and call the person out on their “mistake.”*

*I began to voice my opinion less often to avoid being berated and judged by a community that claims to represent the free expression of ideas. I learned, along with every other student, to walk on eggshells for fear that I may say something “offensive.” That is the social norm here.*

Is there an ideological monoculture at British universities, and does it matter?

Jonathan Haidt, NYU-Stern  
Policy Exchange  
Nov. 22, 2018